International Experiences Can Help You...
Study Abroad provides a valuable skill set that can give you an advantage over the competition. US medical and professional schools are looking for mature students with a diversity of experiences to prepare them for the rigor of medical/health education. Study Abroad contributes to this by:

- Exposing you to unique health environments and differences in the human condition worldwide
- Expanding your knowledge of culturally specific health approaches
- Challenging you to adapt and persevere under sometimes difficult and harsh social and cultural circumstances
- Improving your language and cross cultural skills for effective communication across populations

Message from School of Life Sciences

“...I strongly believe that study abroad provides the opportunity and means to set yourself apart from the pack. I meet with hundreds and hundreds of students who are interested in the health professions. I think professional schools appreciate and are attracted to those students who are willing to get outside their everyday comfort zone. Study abroad provides exposure to different cultures, ways of thinking, and approaching scientific challenges...”

Scot Schoenborn, Associate Director of Academic Services

https://studyabroad.asu.edu
Why Study Abroad in Pre-Health?
Professional health education is competitive. Less than 50% of students that apply to medical schools are admitted and the numbers vary for other health-related fields. Medical and professional school admissions increasingly focus on students with dedication to community service. Community activities and research help to create a diverse, accomplished portfolio for any student attempting a health career.

Study Abroad programs provide SOLS majors with the hands-on research and community based opportunities to compete and succeed in today’s challenging health professions admissions process. SOLS strongly encourages its students to study abroad.

When to Study Abroad?
With advance planning, you should be able to fit study abroad within your 4 years at ASU.

The ASU School of Life Sciences has generated a list of Required and Recommended Courses for entry into medical school. There is no certainty of earning direct credit for these courses at a foreign institution so it is generally advised that students take these requirements at ASU. Typically, study abroad courses are best applied directly toward your upper division (300 or 400-level) major electives.

The Pre-Health Advising Office’s Recommended Timeline to consider medical-related, research & study abroad activities is:

**YEAR 1**
Spring: Identify a Summer Study Abroad pre-health clinical/research experience
Summer: Complete Study Abroad pre-health clinical/research experience

**YEAR 2** Optimal study abroad year
Fall: Identify a Spring/Summer Study Abroad pre-health clinical/research experience
Spring: Complete Study Abroad pre-health clinical/research experience & complete required/elective coursework
Summer: Complete Study Abroad pre-health clinical/research experience & complete elective coursework

**YEAR 3** Optimal study abroad year
Fall-Spring: Investigate medical school options; Complete Study Abroad pre-health clinical/research experience & complete required/elective coursework
Summer: Complete Study Abroad pre-health clinical/research experience & complete elective coursework; Take MCATs or GRE

**YEAR 4**
Medical & professional school application and interview process; Study abroad to complete elective requirements and a pre-health experience if you will not immediately enter medical or professional school

How to Study Abroad?
• Review the information on the following pages; review “Getting Started” information on the SAO website.
• Attend a Study Abroad 101 information session
• Search for study abroad programs by clicking the “Programs” link on the Study Abroad website
• Meet with your SOLS academic advisor to learn what degree requirements you need to fulfill and how your study abroad program will help you do this
• Meet with an SAO International Coordinator to discuss program specific information and the application process
• Apply by MARCH 1 for Fall, Academic Year and most Summer programs
• Apply by SEPTEMBER 25 for Spring programs
Can I Afford to Study Abroad?

Yes! If going abroad is a priority, there is generally a way to make it affordable. Early planning for international experiences helps students make cost-effective program decisions, and it also helps you prepare your finances through savings, scholarships, and financial aid. There is a great deal of variation in costs, and students should carefully consider all options before making a decision. When comparing the cost of programs abroad, be sure to look at the costs of attending ASU for living and tuition. The cost of going abroad can be comparable in many cases, and the difference can be made up with scholarships or aid.

Financing Your Program

Studying abroad is an investment in your future. Like any other type of investment, it requires careful planning and management. However, the personal, academic, and professional rewards that you will gain from this experience will last a lifetime.

Detailed program cost information, including all direct program costs as well as estimated expenses) is available for ASU study abroad programs. On the specific webpage for your selected program, you will see a section called “Cost Sheets” toward the top of the page. Select the cost sheet for the term to which you are interested in applying.

Financial Aid

Students currently receiving financial aid who are enrolled in an ASU study abroad program are eligible to use that aid toward paying their program tuition and/or program fees. Students not currently receiving aid will need to file a FAFSA first. Instructions on filing your FAFSA can be found on the ASU Financial Aid website.

Scholarships & Grants

There are several study abroad grant and scholarship opportunities available at ASU. The Study Abroad Office offers need-based travel grants, with details information available on the Financing Your Study Abroad Program section of the Study Abroad website.

In some instances, ASU study abroad programs also offer program-specific scholarships or grants which are available to students enrolled in that program. Some ASU colleges, departments and academic units also offer study abroad scholarships, such as the College of Liberal Arts & Sciences.

Additional Resources

Additional information on financial resources available through:

ASU Financial Aid Office
ASU Scholarships Office
ASU Lorraine W. Frank Office of National Scholarship Advisement
Benjamin A. Gilman International Scholarship

SOLS Student Testimonials

“Studying at Royal Holloway was as much a cultural experience as an academic experience. I remember my surprise at having to re-learn many of the simple tasks I readily perform at home—like grocery shopping, borrowing a book from the library, and navigating public transportation. During all this, I learned quite a lot about myself, about people, and about culture. While I was enjoying little chats over a cup of tea, I was really learning to enjoy the moments. While swapping dreams with fellow mates, I was really learning that it is okay to not have every second, every minute, every hour, every week, every year of my life planned. While I was backpacking through Europe on the rail network, taking in the city and enjoying local favorites, I was learning that there are several approaches to life and who’s to say one is superior to the other. Studying abroad is an irreplaceable experience!”

Ariana Henkel, Biological Sciences Major

“In my opinion, travelling abroad regardless of where, for how long and why not only helps to broaden one’s perspective it also opens many doors of opportunity and windows of knowledge that will surely benefit you one way or another no matter who you are or what you study or do for a living.”

Hoang “Ti” Dang, Biological Science Graduate
### France
**Universités de Grenoble**
- **Available Terms:** Fall, Spring & Academic Year
- **Credits:** 12-18
- **Pre-Health Experience:** Required/Elective coursework & Research

French language proficiency required!

### Germany
**University of Heidelberg**
- **Available Terms:** Fall, Spring & Academic Year
- **Credits:** 12-18
- **Pre-Health Experience:** Required/Elective coursework & Research

### Ireland
**CIEE: Arts & Sciences at Dublin City University**
- **Available Terms:** Fall, Spring & Academic Year
- **Credits:** 12-18
- **Pre-Health Experience:** Required/Elective coursework & Research

### Sweden
**Linnaeus University**
- **Available Terms:** Fall, Spring & Academic Year
- **Credits:** 12-18
- **Pre-Health Experience:** Required/Elective coursework & Research

**Orebro University**
- **Available Terms:** Fall, Spring & Academic Year
- **Credits:** 12-18
- **Pre-Health Experience:** Required/Elective coursework & Research

### Switzerland
**Université de Lausanne**
- **Available Terms:** Fall, Spring & Academic Year
- **Credits:** 12-18
- **Pre-Health Experience:** Required/Elective coursework & Research

French language proficiency required!

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**Message from Abroad**

“My position as Resident Director allows me to share what I have learned through research with students participating in the program. Much of my work focuses on health issues in the developing world and infectious diseases in the context of social justice, human rights, and their abuses…

…Through coursework, a community health practicum, homestays, and a rich and challenging social environment, it is my hope that you will gain an appreciation and understanding of health and healthcare, and obstacles to achieving it in the Dominican Republic.”

David Simmons, Resident Director
CIEE - Santiago, Dominica Republic

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**Africa**

**South Africa**
**CIEE: Arts & Sciences Programs at University of Cape Town**
- **Available terms:** Fall, Spring and Academic Year
- **Credits:** 16-18
- **Pre-Health Experience:** Required/Elective coursework & Community Service

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**Australia**

**IFSA-Butler: James Cook University**
- **Available Terms:** Fall, Spring & Academic Year
- **Credits:** 15-18
- **Pre-Health Experience:** Required/Elective coursework & Research

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### Study Abroad Programs
United Kingdom
IFSA-Butler: University of Glasgow
Available Terms: Fall, Spring & Academic Year
Credits: 12-18
Pre-Health Experience: Required/Elective coursework & Research

University of Birmingham
Available Terms: Fall, Spring & Academic Year
Credits: 12-18
Pre-Health Experience: Required/Elective coursework & Research

University of Leeds
Available Terms: Fall, Spring & Academic Year
Credits: 15-18
Pre-Health Experience: Required/Elective coursework & Research

University of Manchester
Available Terms: Fall, Spring & Academic Year
Credits: 15-18
Pre-Health Experience: Required/Elective coursework & Research

University of Sussex
Available terms: Fall, Spring and Academic Year
Credits: 12-18
Pre-Health Experience: Required/Elective coursework & Research

Latin America

Argentina
CIEE: Summer Community Health in Buenos Aires
Available terms: Summer
Credits: 9
Pre-Health Experience: Elective coursework & Clinical/Community Health Service

Costa Rica
ISA: Medical Spanish & Healthcare in Costa Rica at Veritas University
Available terms: Summer
Credits: 6
Pre-Health Experience: Required/Elective coursework

Dominican Republic
CIEE: Summer Community Public Health at Pontificia Universidad Catolica Madre y Maestra
Available terms: Summer
Credits: 9
Pre-Health Experience: Elective coursework & Clinical/Community Health Service

ARIZONA STATE UNIVERSITY
Study Abroad Office
https://studyabroad.asu.edu